



CARING FOR YOUR CHILD AFTER AN EXTRACTION

1. Please let your child bite on the cotton gauze for 15 -30 minutes until bleeding has stopped. A little oozing is ok. Discolored saliva may be apparent for 12-24 hours.
2. Please do not let your child eat or drink anything for 2 hours. For the rest of the day, eat soft foods and drinks such as soup, yogurt, pasta, applesauce and milkshakes or smoothies with a spoon.
3. Please do not let your child drink from a straw or nursing bottle. The suction may dislodge the newly forming blood clot and disturb the healing process.
4. No running or jumping for the rest of the day. Take it easy!
5. Your child is numb with local anesthesia and will not likely experience any pain immediately following the extraction. However, if your child begins to complain of pain or discomfort as the anesthetic wears off, you may alleviate his/her symptoms with Motrin or Tylenol.
6. Resume normal brushing this evening. Avoid all rinsing for the rest of the day.

If you have any questions, please call us at (916) 435-9100 or Dr. Lora's cell phone at (916) 436-6192.